

Strengthening networks on Mental Health in the Mediterranean area

APRIL 22, 2022 - time CET/ROME



APRIL 22-23, 2022

MEDITERRANEAN
SOCIETY ON MENTAL
HEALTH



9:00 – 9:15

Welcome Greetings

Mauro Giovanni Carta - Cagliari, Italy

9:15 – 10:45

Mental health in the Mediterranean area in post-COVID

Chairmen: Elie Karam - Beirut, Lebanon; Viviane Kovess - Paris, France

- **Depression and COVID-19: preliminary results from a community survey in La Manouba Governorate, Tunisia**
Uta Ouali, Amina Aissa, NIH Team - Tunis, Tunisia
- **Impact of COVID on mental health in Spain**
Joseph Maria Haro Abad - Barcelona, Spain
- **Psychiatric Care during COVID-19 Pandemic: the Egyptian Experience**
Tarek Okasha - Cairo, Egypt
- **The impact of COVID-19 in the Italian Health Professional**
Giuseppe La Torre - Rome, Italy
- **COVID-19 and Young People**
Viviane Kovess - Paris, France

10:45 – 12:00

Bipolar Disorders - Welcome greetings by Jules Angst, Zurich, Switzerland

Chairmen: Michele Fornaro - Naples, Italy; Francesc Colom - Barcelona, Spain

- **Temperament: the Viennese perspective**
Andreas Erfurth - Vienna, Austria
- **Circadian rhythms in Bipolar Disorders**
Michele De Prisco - Barcelona, Spain
- **Treatment of Bipolar Depression**
Leonardo Tondo - Harvard, US
- **Neuroinflammation in Bipolar Disorder**
Mai Elassy - Mansoura, Egypt; Kuwait

12:00 – 13:30

Human Rights/Trauma

Chairmen: Adib Essali - Auckland, New Zeland; Mauro G Carta - Cagliari, Italy

- **Evidence on interventions for promotion, prevention and treatment to support refugees and asylum seekers**
Marianna Purgato - Verona, Italy
- **Depression, Resilience and Post Traumatic Stress Disorder (PTSD) in Asylum-seeker War Refugees**
Maria Malliarou - Larissa, Greece
- **Croatian experience on WHO QualityRights: Transforming services and promoting human rights**
Sladjana Strkalj Ivezic - Zagreb, Croatia
- **Integrative Contextual Model for understanding of posttraumatic mental health sequelae**
Boris Drozdek - Den Bosch, The Netherlands
- **Scalable interventions for Syrian refugees in Turkey**
Ceren Acartürk - Istanbul, Turkey

13:30 – 14:00

Lunch time

14:00 - 15:00

Board meeting

15:00 - 16:15

Suicide

Chairmen: Mehmet Eskin - Istanbul, Turkey; Antonio Preti - Turin, Italy

- **The efficacy of problem-solving therapy in suicide attempted psychiatric patients**
Neslihan Turgut - Aydin, Turkey
- **Reducing suicide risk in Lebanon**
Cemile Ceren Sönmez - Instambul, Turkey
- **Addressing psychological distress in people bereaved through suicide: the Soproxi program**
Paolo Scocco - Turin, Italy
- **Suicide among people with bipolar disorder in Tunisia**
Wissal Cherif, Faten Fkhih-Romdhane, Majda Cheour - Tunis, Tunisia

16:15 - 17:30

New technologies and rehabilitation

Chairmen: John Cachia Msida - Malta; Liliana Dell'Osso - Pisa, Italy

- **Virtual reality and cognitive remediation in psychiatric rehabilitation**
Valerio De Lorenzo, Alessandra Perra - Rome, Italy; Cagliari, Italy
- **Sailing and new technologies as rehabilitation tools**
Aarón Manzanares Serrano, Francisco Sagado, Federica Sancassiani - Murcia, Spain; Cagliari, Italy
- **Telemedicine and Bipolar Disorders**
Claudia Carmassi - Pisa, Italy
- **e-Health in alcohol and substance use disorders prevention: the D-Arianna and ORION projects**
Giuseppe Carrà, Cristina Crocamo - Milan, Italy

17:30 - 18:45

Parcours culturels et psychopathologie, le regard de la francophonie méditerranéenne

Chairmen: Rym Ghachem - Tunis, Tunisia; Attia Dalila Benmassoud - Algiers, Algeria

- **Tempéraments affectifs dans les troubles de l'humeur: Expérience Tunisienne**
Anwar Mechri - Sousse, Tunisia
- **Recovery et premier logement dans la population sans-abri**
Vincent Girard - Marseille, France
- **La psychiatrie au Maroc: Réalités et perspectives**
Ismail Rammouz - Agadir, Morocco
- **Parcours de soins des patients psychiatriques en Algérie: entre croyances autour de la maladie et spécificités culturelles**
Madoui Mahboub Fatima Zohra - Costantine, Algeria

18:45 - 19:00

Closing activities



Unione europea
Fondo sociale europeo



Repubblica Italiana



REGIONE AUTONOMA DI SARDEGNA
REGIONE AUTONOMA DELLA SARDEGNA



REGIONE AUTONOMA DI SARDEGNA
POR SARDEGNA



Kassiopea group



Associazione Università Europea
del Mediterraneo



Fondazione
di Sardegna



Università degli Studi di Cagliari

MEDITERRANEAN
SOCIETY ON MENTAL
HEALTH



Strengthening networks on Mental Health in the Mediterranean area



MEDITERRANEAN
SOCIETY ON MENTAL
HEALTH



APRIL 23, 2022 - time CET/ROME

9:00 – 10:30

Wellbeing and Mental Health

Chairman: Ivan Barbov - Skopje, Macedonia; Maria Pietronilla Penna - Cagliari, Italy

- **Mediterranean Diet and Mood Disorders**
Fernanda Velluzzi - Cagliari, Italy
- **Towards a validation of two new instruments in the area of bipolar spectrum disorders: questionnaire for hyperactivity and drive to exploration, and genetic tool**
Goce Kalcev, Alessandra Scano - Cagliari, Italy
- **Active ageing against social exclusion and cognitive impairment**
Dario Fortin, Giulia Cossu - Trento, Italy; Cagliari, Italy
- **Can regular physical exercise be a treatment for panic disorder?**
Sergio Machado - Rio de Janeiro, Brazil

10:30 – 11.45

Social Psychiatry

Chairman: Nidhal Staali - Tunis, Tunisia; Nino Makhashvili - Tbilisi, Georgia

- **General practitioners' experiences during the first phase of the COVID-19 pandemic in Italy: a critical incident technique study**
Peter Kurotschka - Wrzburg, Germany
- **WHO QualityRights in Albania and differences in the experience working in mental health in Albania and Canada**
Laura Lori Dano - Toronto, Canada
- **WHO QualityRights in Greece: examples of implementation and future perspectives**
Panagiotis Chondros - Marousi, Greece
- **Enhancing service user participation in mental health decision-making: benefits, challenges, and lessons learned from the case of the first service user association in Lebanon**
Thurayya Zreik - Beirut, Lebanon

11.45 – 12.00

Closing activities



Strengthening networks on Mental Health in the Mediterranean area

APRIL 22-23, 2022
MEDITERRANEAN
SOCIETY ON MENTAL
HEALTH



- SPEAKERS -

Uta Ouali - Department Psychiatry A, Razi University Hospital, Tunis, Tunisia; University of Tunis "El Manar", Tunis, Tunisia
Amina Aissa - Department Psychiatry A, Razi University Hospital, Tunis, Tunisia; University of Tunis "El Manar", Tunis, Tunisia
NIH Team - National Institute of Health, Tunis, Tunisia
Joseph Maria Haro Abad - Parc Sanitari Sant Joan de Déu, Universitat de Barcelona, Barcelona, Spain
Tarek Okasha - Okasha Institute of Psychiatry, Faculty of Medicine, Ain Shams University, Cairo, Egypt
Giuseppe La Torre - University "La Sapienza", Rome, Italy
Viviane Kovess - Université de Paris, LPPS, Paris, France; Department of Psychiatry, McGill University, Montreal, Canada
Jules Angst - University of Zurich, Switzerland
Andreas Erfurth - Department of Psychiatry and Psychotherapeutic Medicine, Klinik Hietzing, Vienna
Michele De Prisco - Bipolar and Depressive Disorders Unit, Institute of Neuroscience, Hospital Clinic, Barcelona, Catalonia, Spain; Section of Psychiatry, Department of Neuroscience, Reproductive Science and Odontostomatology, Federico II University of Naples, Naples, Italy
Leonardo Tondo - Master of Science Epidemiology and Statistics Harvard School of Public Health, McLean Hospital and Harvard Medical School, Harvard, US
Mai Elassy - Mansoura University, Egypt; Kuwait Center for Mental Health, Kuwait
Marianna Purgato - WHO Collaborating Centre for Research and Training in Mental Health and Service Evaluation, Department of Neurosciences, Biomedicine and Movement Sciences, University of Verona, Verona, Italy; Cochrane Global Mental Health, University of Verona, Verona, Italy.
Maria Malliarou - Laboratory of Education and Research of Trauma Care and patient safety, University of Thessaly, Larissa, Greece
Sladjana Strkalj Ivezić - University Psychiatric hospital Vrapce, Croatia
Boris Drozdek - MD, PhD, psychiatrist/psychotherapist, De Hemisfeer, Den Bosch, The Netherlands
Ceren Acartürk - Koc University, Department of Psychology, Istanbul, Turkey
Neslihan Turgut - Clinical Psychologist, Aydin, Turkey
Cemile Ceren Sönmez - Koc University, Istanbul, Turkey
Paolo Scocco - SOPROXI; Mental Health Center, ULSS 6 Euganea, Padova, Italy
Wissal Cherif - Hopital Razi, Manouba, Tunisia
Faten Fkhih-Romdhane - Hopital Razi, Manouba, Tunisia
Majda Cheour - Faculty of Medicine of Tunis, Tunis El Manar University, Tunis, Tunisia; Hopital Razi, Manouba, Tunisia
Valerio De Lorenzo - PRoMIND Services for Mental Health, Rome, Italy; University of Rome "Tor Vergata", Rome, Italy
Alessandra Perra - International Ph.D. in Innovation Sciences and Technology, University of Cagliari, Cagliari, Italy
Aarón Manzanares Serrano - Faculty of Sport, Catholic University of Murcia (UCAM), Murcia, Spain
Francisco Sagado - Faculty of Sport, Catholic University of Murcia (UCAM), Murcia, Spain
Federica Sancassiani - Department of Medical Sciences and Public Health, University of Cagliari, Cagliari, Italy
Claudia Carmassi - Department of Clinical and Experimental Medicine, University of Pisa, Pisa, Italy
Giuseppe Carra - Department of Medicine and Surgery, University of Milan "Bicocca", Milan, Italy
Cristina Crocamo - Department of Medicine and Surgery, University of Milan "Bicocca", Milan, Italy
Anwar Mechri - Faculté de Médecine de Monastir, Monastir, Tunisia
Vincent Girard - Aix-Marseille University, Public Health Research Unit, Marseille, France; Regional Agency of Health, Marseille, France
Ismail Rammouz - Faculté de médecine d'Agadir Université Ibn Zoh, Agadir, Morocco
Madoui Mahboub Fatima Zohra - EHS de psychiatrie. Mahmoud Belamri, Laboratoire des maladies liées au stress psychosocial, Faculté de Médecine Belkacem Bensmail, université 3, Constantine, Algeria
Fernanda Velluzzi - Obesity Unit, Department of Medical Sciences and Public Health, University of Cagliari, Italy
Goce Kalcev - International Ph.D. in Innovation Sciences and Technology, University of Cagliari, Cagliari, Italy
Alessandra Scano - Department of Surgical Sciences, University of Cagliari, Cagliari, Italy
Dario Fortin - Department of Psychology and Cognitive Science - University of Trento, Trento, Italy
Giulia Cossu - Department of Medical Sciences and Public Health, University of Cagliari, Cagliari, Italy
Sergio Machado - Department of Sports Methods and Techniques, Federal University of Santa Maria, Santa Maria, Brazil; Laboratory of Physical Activity Neuroscience, Neurodiversity Institute, Queimados-RJ, Brazil
Peter Kurotschka - Department of General Practice, University Hospital Wuerzburg, Wuerzburg, Germany
Laura Lori Dano - Ryerson University, Toronto, Canada
Panagiotis Chondros - "The HOME Project", Athens, Greece
Thurayya Zreik - Research Consultant, Mental Health Service User Association, Lebanon

- CHAIRMEN -

Elie Karam - St. George Hospital University Medical Center, University of Balamand, Faculty of Medicine, Beirut, Lebanon
Viviane Kovess - Université de Paris, LPPS, Paris, France; Department of Psychiatry, McGill University, Montreal, Canada
Michele Fornaro - "Federico II" University of Naples, Naples, Italy
Francesc Colom - Hospital "Del Mar", Barcelona, Spain
Adib Essali - Consultant psychiatrist, Auckland, New Zealand
Mauro Giovanni Carta - Department of Medical Sciences and Public Health, University of Cagliari, Cagliari, Italy
Mehmet Eskin - Koc University, Psychology Department, Istanbul, Turkey
Antonio Preti - Department of Neuroscience, University of Turin, Turin, Italy
John Cachia - Public Health Medicine & Specialist in Family Medicine, Office of the SPH; Public Health Medicine, University of Malta, Malta
Liliana Dell'Osso - Psychiatry Clinic, University of Pisa, Pisa, Italy
Rym Ghachem - Hôpital RAZI Service Pinel, Tunis, Tunisia
Dalila Benmassoud - Hôpital Psychiatrique Frantz Fanon Blida, Algérie; Université Saad Dahleb - Faculté de Médecine, Blida, Algérie, Algiers, Algeria
Ivan Barbov - Department of Neuromuscular diseases, University Clinic of Neurology, Skopje, North Macedonia, Skopje, Skopje, Macedonia
Maria Pietronilla Penna - Department of Psychology, University of Cagliari, Italy
Nidalh Staali - Razi hospital, Tunis, Tunisia
Nino Makhashvili - Faculty of Business, Technology, and Education; School of Natural Sciences and Medicine; School of Arts and Sciences; Ilia State University, Tbilisi, Georgia

- SCIENTIFIC SECRETARY -

Giulia Cossu, Davide Gipaz, Alessandra Perra, Federica Sancassiani - Department of Medical Sciences and Public Health, University of Cagliari, Cagliari, Italy

- PRESIDENT OF THE WEBINAR -

Mauro Giovanni Carta - Department of Medical Sciences and Public Health, University of Cagliari, Cagliari, Italy